

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	433	Van Baelen	Ruben		M1	MIN		00:05:54	20.34	02:57
2	432	Raets	Han	Haacht	M2	SEN	ROBA	00:05:55	20.28	02:57
3	463	Smets	Benjamin	Gelrode	M3	SEN		00:06:13	19.3	03:06
4	445	Helsen	Michel	Rillaar	M4	MAS+35		00:06:17	19.1	03:08
5	472	Van Ouytsel	Sten	Rillaar	M5	SCH	ROBA	00:06:24	18.75	03:12
6	500	De Proost	Steven	Betekom	M6	MAS+45	Sportiva Gelrode	00:06:30	18.46	03:15
7	458	Van Hese	Charlotte	Heist o/d Berg	V1	SEN	AVLO	00:06:32	18.37	03:16
8	457	Saenen	Diëgo	Zichem	M7	MAS+35		00:06:46	17.73	03:23
9	471	Vander Sande	Thomas	Houtvenne	M8	SEN		00:07:04	16.98	03:32
10	475	Korthout	Tim	Geel	M9	MAS+35		00:07:07	16.86	03:33
11	427	De Cock	Nico	Baal	M10	MAS+45		00:07:10	16.74	03:35
12	448	Vrancken	Jimmy	Gelrode	M11	MAS+45		00:07:21	16.33	03:40
13	492	Janssens	Brend	Rillaar	M12	SCH		00:07:48	15.38	03:54
14	464	Goris	Michiel	Booischoot	M13	MIN	AVZK	00:07:49	15.35	03:54
15	486	Van Os	Daniële	Bouwel	V2	MAS+35	Sportiva Gelorde	00:07:51	15.29	03:55
16	483	Claes	Jarne	Gelrode	M14	SEN		00:07:54	15.19	03:57
17	462	Smets	Anneline	Gelrode	V3	CAD	Roba	00:07:57	15.09	03:58
18	441	Staquet	Jesse	Aarschoot	M15	SCH		00:08:06	14.81	04:03
19	454	Vinckx	Leon	Ramsel	M16	CAD		00:08:14	14.57	04:07
20	439	Vermaelen	Johan	Holsbeek	M17	MAS+45	Sportiva Gelrode	00:08:23	14.31	04:11
21	470	Lieckens	Jarne	Westerlo	M18	MIN	LYRA	00:08:24	14.29	04:12
22	426	Bastiaens	Nancy	Hulshout	V4	MAS+40	AVZK	00:08:29	14.15	04:14
23	442	Seldeslachts	Kobe	Wezemaal	M19	PUP	ROBA	00:08:35	13.98	04:17
24	443	Joos	Noa	Langdorp	V5	CAD	ROBA	00:08:43	13.77	04:21
25	440	Peeters	Gustaaf	Testelt	M20	MAS+55	Oeverlopers	00:08:50	13.58	04:25
26	489	Janssens	Sven	Testelt	M21	SEN	ROBA	00:08:52	13.53	04:26
27	444	Cumps	Sofie	Langdorp	V6	MAS+40	ROBA	00:09:01	13.31	04:30
28	488	Dockx	Cas	Gelrode	M22	CAD	Team Impact	00:09:05	13.21	04:32
29	479	Torfs	Stijn	Gelrode	M23	MAS+35		00:09:16	12.95	04:38
30	430	Miseur	Manfred	Aarschoot	M24	MAS+60	Sportiva Gelrode	00:09:23	12.79	04:41
31	437	Vanhaverbeke	Toon	Wezemaal	M25	MAS+40		00:09:25	12.74	04:42
32	494	Janssens	Dries	Rillaar	M26	CAD		00:09:28	12.68	04:44
33	473	Van Ouytsel	Ward	Rillaar	M27	CAD		00:09:31	12.61	04:45
34	449	Raedemaekers	Robbe	Aarschoot	M28	CAD		00:09:37	12.48	04:48
35	455	Kerkhofs	Coen	Gelrode	M29	MIN		00:09:39	12.44	04:49
36	452	Vinckx	Felix	Ramsel	M30	PUP		00:09:41	12.39	04:50
37	461	Billet	Jasper	Langdorp	M31	BEN		00:09:45	12.31	04:52
38	487	Goovaerts	Stella	Ramsel	V7	MAS+40	Berglopers	00:09:46	12.29	04:53
39	460	Billet	Stefan	Langdorp	M32	MAS+40	AATT	00:09:47	12.27	04:53
40	499	Van Winckel	Jerry	Aarschoot	M33	SEN		00:09:52	12.16	04:56
41	484	Cootmans	Sara	Nieuwrode	V8	SEN		00:10:00	12	05:00
42	474	Janssens	Jos	Begijnendijk	M34	MAS+60	ROBA	00:10:03	11.94	05:01
43	429	Miciels	Lucas	Aarschoot	M35	PUP		00:10:14	11.73	05:07
44	434	Van der Kelen	Aaron	Nieuwrode	M36	PUP		00:10:14	11.73	05:07
45	478	De Meyer	Lena	Kersbeek-Miskom	V9	PUP	DCLA Halen	00:10:17	11.67	05:08
46	459	Lambert	Kelly	Nieuwrode	V10	SEN	Sportiva Gelrode	00:10:21	11.59	05:10
47	3	Op de Beeck	Werner	Ramsel	M37	MAS+40	Sportiva Gelrode	00:10:22	11.58	05:11
48	456	Kerkhofs	Joran	Gelrode	M38	CAD		00:10:23	11.56	05:11
49	490	Vlummens	Sharona	Gelrode	V11	SEN		00:10:26	11.5	05:13
50	453	Vinckx	Stef	Ramsel	M39	MAS+40		00:10:28	11.46	05:14

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51	491	Van Calster	Joren	Messelbroek	M40	SEN		00:10:30	11.43	05:15
52	495	Vos	Joppe	Wezemaal	M41	BEN	Roba	00:10:32	11.39	05:16
53	476	Vandervelpen	Nele	Eindhout	V12	SEN		00:10:33	11.37	05:16
54	477	De Meyer	Lotte	Kortenaken	V13	BEN	DCLA-alen	00:10:35	11.34	05:17
55	2	Van Aerschot	Ruben	Gelrode	M42	MIN		00:10:37	11.3	05:18
56	496	Vos	Emme	Wezemaal	V14	PUP	Roba	00:10:39	11.27	05:19
57	451	Raedemaekers	Seppe	Aarschot	M43	MIN		00:10:40	11.25	05:20
58	497	Vos	Ronald	Wezemaal	M44	MAS+35	ronaldvos@live.be	00:10:41	11.23	05:20
59	1	Verbist	Wouter	Westerlo	M45	SEN		00:11:02	10.88	05:31
60	485	Vangenechten	Marie	Westerlo	V15	SEN		00:11:04	10.84	05:32
61	493	Janssens	Ward	Rillaar	M46	MIN		00:11:05	10.83	05:32
62	465	Van Lier	Stefan	Tremelo	M47	MAS+60		00:11:06	10.81	05:33
63	469	De Pelsmaeker	Paulien	Kortrijk-Dutssel	V16	BEN	ROBA	00:11:07	10.79	05:33
64	481	Gijsbers	Lander	Gelrode	M48	MIN		00:11:24	10.53	05:42
65	436	Van Marcke	Tessa	Aarschot	V17	KAN		00:11:40	10.29	05:50
66	435	Van Marcke	Philippe	Aarschot	M49	MAS+45		00:11:42	10.26	05:51
67	468	Moureau	Alain	Tienen	M50	MAS+60	JT Tienen	00:11:51	10.13	05:55
68	447	Janssens	Marie	Aarschot	V18	MIN		00:11:57	10.04	05:58
69	446	Janssens	Nico	Aarschot	M51	MAS+40		00:11:59	10.01	05:59
70	467	Nys	Mylla	Aarschot	V19	MIN	ROBA	00:12:28	9.63	06:14
71	466	Nys	Amber	Aarschot	V20	CAD	ROBA	00:12:42	9.45	06:21
72	480	Elen	Riet	Gelrode	V21	MAS+35		00:13:03	9.2	06:31
73	450	Vermeulen	Els	Aarschot	V22	MAS+35		00:13:35	8.83	06:47
74	482	Bomans	Katrien	Gelrode	V23	MAS+40		00:13:36	8.82	06:48